

## RECIPES

### **FRUIT CAKE (7" approx.) \*\***

8oz Self Raising Flour, ¼ teaspoon salt, 4oz Margarine, 4oz Caster Sugar, 2 Eggs,  
9oz Mixed Fruit, e.g., Currants, Sultanas, Peel, Cherries etc. a little grated orange rind,  
eighth of a pint of milk

### **METHOD:**

Sieve flour and salt. Beat the margarine until soft, add sugar and cream together until the mixture is light in colour and fluffy in texture. Add the eggs one at a time together with a tablespoon of flour, beating well between each addition. Add the milk and a little flour, stir then beat. Stir in the fruit, grated rind and the remainder of the flour. Put the mixture into a lined round 7" tin and bake in a moderate oven for 1¼ hrs, or until cooked.  
Cover with greaseproof paper when sufficiently brown on top. 180° C (350°F), Gas Mark 4, middle shelf.

## TIPS

- When exhibiting preserves and liqueurs, indicate the full date made on label and make sure jars and bottles are clean and free of finger marks.  
Do not use lids with advertising on i.e. Tiptree Jams.  
Screw tops are permissible for jams and essential for pickles.
- **Victoria Sandwich**  
The jam filling should be either raspberry (traditionally) or strawberry.  
The top should be lightly sprinkled with caster sugar.  
Each half should be cooled base down on the cooling rack to avoid grid marks.

## Cups and Trophies:-

**If you are successful and win a Cup or Trophy, you may like to get it engraved with your Name & Date. (This must be at your own cost)**

**Please return the Item to the Committee by 'Booking In Night' the following year in 2026.**

**Any questions please Contact our Trophies Secretary Anne Brown on 07507 939089**

## HANDICRAFTS (*Men & Women*)

- 1 An Article of Dressmaking
- 2 An Item of Patchwork
- 3 A Handmade Bag
- 4 An Item of Macramé
- 5 A Handmade Candle
- 6 A Handmade Hat (not knitted or crocheted)
- 7 A Door Wreath
- 8 1 yard of Homemade Bunting
- 9 A Nature Inspired Table Decoration
- 10 Something New From Old Jeans
- 11 An Example of Cross Stitch (framed)
- 12 An Item of Decoupage
- 13 A Soft Toy (not knitted, decorative)
- 14 A Knitted Toy (decorative)
- 15 Article Made by Those over 70 years of age
- 16 An Item of Applique
- 17 A Hand Held Decorated Parasol
- 18 A Poster Promoting The Dengie Peninsula
- 19 An Item Made From Suffolk Puffs
- 20 An Example of Hand Embroidery (not cross stitch)
- 21 A Paper Flower Posy
- 22 A Hand Crafted Card
- 23 An Item of Jewellery, (any medium)
- 24 A Salt Dough Item Inspired by The Dengie
- 25 Handwriting - write out the following verse :

### Summer Is Gone

Summer is gone with all it's roses,  
It's sun and perfumes and sweet flowers,  
It's warm air and refreshing showers:  
And even Autumn closes.

Christina Rossetti

- 26 *A Knitted Garment / Blanket for a Premature Baby - For Donation*
- 27 *A Twiddle Muff - for Donation*
- 28 A Knitted Garment in any ply
- 29 An Item of Crochet
- 30 Item of Needle Felting
- 31 An item of any Handicraft made by a Group
- 32 An item made from Wood
- 33 An item of Needlecraft not listed above
- 34 Any Handicraft not listed made by a Woman
- 35 Any Handicraft not listed made by a Man
- 36 Any Handicraft made by a person as a first time entrant to the show

**CHILDREN/YOUNG ADULTS \*\*** *(must be entrant's own work with name on the back/ class 37 - non returnable)*

**PRE-SCHOOL AGE\*\***

**37 3-4 years**

Picture to Colour *(available from Southminster Pre-School Hillside Playcare )*

**RECEPTION \*\***

38 A Wooden Spoon Dressed as a Flower

39 A Drawing of A Tractor - A4 max

**YEARS 1-2\*\***

40 A Wooden Spoon Dressed as a Scarecrow

41 Handwriting - write out the following verse on A5 paper.

**The Little Plant**

In the heart of a seed,  
Buried deep so deep,  
A tiny plant  
Lay fast asleep

42 A drawing of your Favourite place on The Dengie.(A4 Max)

**YEARS 3-4\*\***

43 A Farm in a Shoebox

44 Handwriting - write out the following verse on A5 paper.

**The Little Plant**

In the heart of a seed,  
Buried deep so deep,  
A tiny plant  
Lay fast asleep.

45 A Drawing of a Boat (A4 Max)

**YEARS 5-6\*\***

46 A Decorated Flowerpot

47 Handwriting - write the above verse on A5 paper.

48 Drawing of the Air Ambulance

**SECONDARY SCHOOL AGE\*\***

49 An Item of Needlecraft / Resistant materials

50 A Photograph - My Favourite Place on The Dengie

51 A Painting of your Own Choice

52 A Computer Generated Poster (Own Choice)

53 Family Entry, Any Handicraft Made Jointly by an Adult and Child/  
Children

**CHILDREN'S COOKERY**

54 2 Decorated Iced Biscuits any Design *(Pre-School age)*

55 3 Biscuits Decorated as a Flower *(KS1)*

56 3 Jam Tarts (All age groups)

57 3 Homemade Decorated Fairy Cakes *( KS2)*

58 A Victoria Sandwich *(Secondary School)*

59 A Decorated Cake *(All Age groups - to be judged for decoration only )*

**ADULT COOKERY *(Preserves)***

60 A Jar of Strawberry Jam

61 A Jar of Lemon Curd

62 A Jar of Marmalade

63 A Jar of any other Jam *(including previous Autumn fruits)*

64 A Jar of Jelly (any variety)

65 A Jar of Chutney

66 A Jar of Pickles (any type)

67 A Homemade Fruit Liqueur (Screw topped bottle)

**ADULT COOKERY *(Cakes etc.)***

68 Fruit Cake to given recipe\*

69 Victoria Sandwich 6oz mix 7" tin approx.

70 3 Savoury Scones labelled

71 Diabetic Chocolate Cake using your own recipe

72 A Tea Loaf

73 Vegan Carrot Cake

74 Invent and Bake a 'Dengie Bun' provide recipe with entry

75 A Gluten Free Chocolate Cake

76 Shortbread Round *(to be marked into portions)*

77 3 Essex Huffers

78 3 Muffins

79 3 Vegetarian Sausage Rolls

80 A Decorated Cake - *Judged for Decoration only (not cookery)*

81 A Victoria Sandwich Cake 6oz mix 7" tin. Made by a Man

**PAINTING, DRAWING AND PHOTOGRAPHY**

Limited to 4 entries in any one class. *(Exhibits must be framed or mounted on card and able to be hung.)*

82 Painting in Oils or Acrylics max 58cm x 64cm (Inc. frame)

83 Painting in Water Colours max 58cm x 64cm (Inc. frame)

84 Picture in any medium max 58cm x 64cm (Inc. frame) (not photo)

85 **'Beginner's Luck'** for New Artists entering for the first time max 58cm x 54cm (Inc. frame and not a photo)

86 Photograph in Black & White any subject max 25cm x 20cm

87 Photograph of The Dengie Countryside 25cm x 20cm

88 Photograph—Humorous photo with caption max 25cm x 20cm

89 A Photograph of Your Pet 25cm x 20cm

90 **'Beginner's Luck'** for New Photographers entering the show for the first time. max 25cm x 20cm